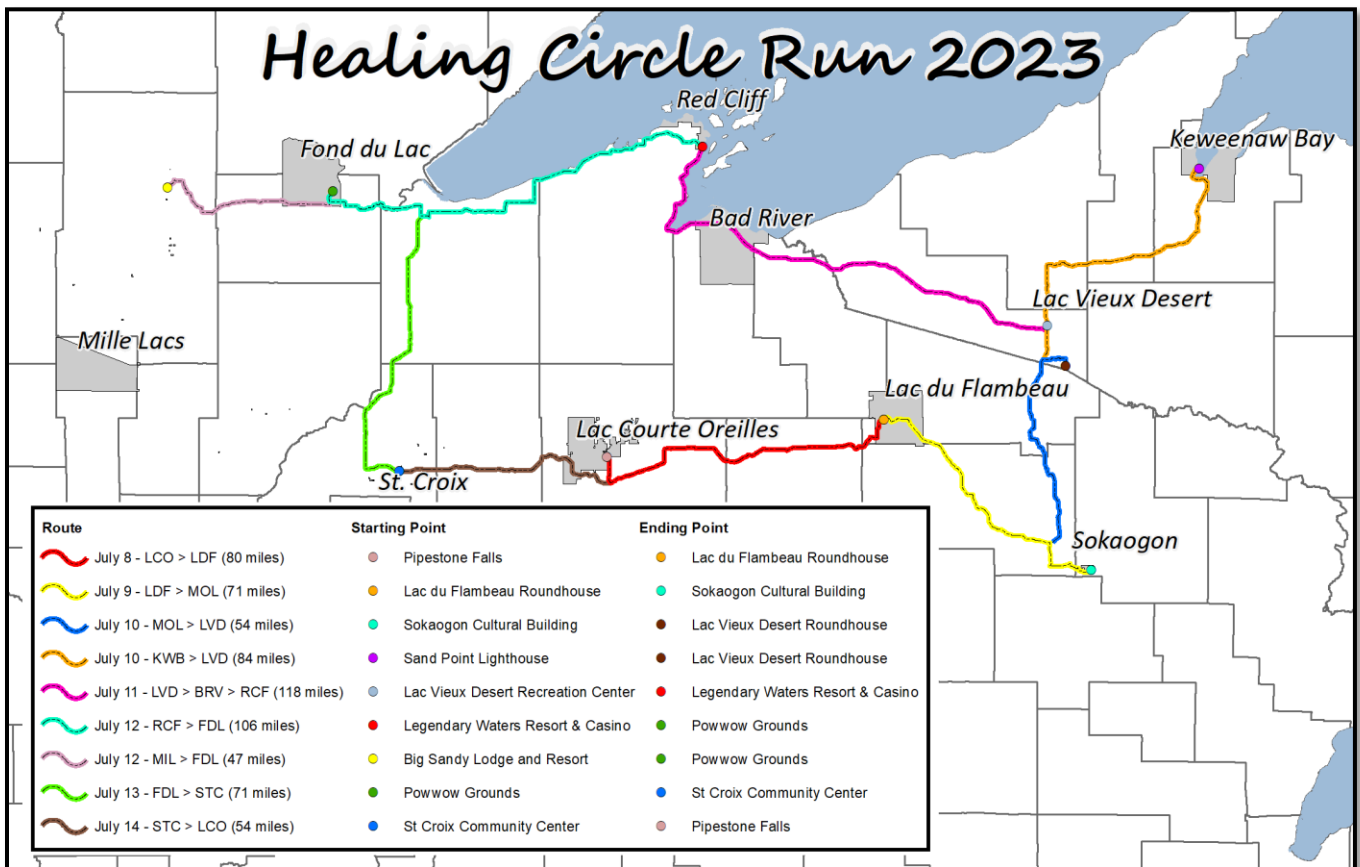


HEALING CIRCLE RUN

July 8-14, 2023

The 2023 “Healing Circle” run/walk is intended to be a prayer for healing. During the 2001 Healing Circle run/walk, participants thought of a teaching on healing - for a nation to heal, it must begin with the individual. As a person heals, then that person can help heal his/her family. As a family begins to heal, they can help heal their community. As communities heal, they can help the nation heal. As nations heal, they can help Akii (the earth), our plant and animal relatives to heal. Individual and family healing is possible after addictions (e.g. alcohol, drugs) and abusive or violent behavior are acknowledged and steps taken to prevent them from returning. Healing is also needed after the loss of a loved one and by the incarcerated, the orphaned, and sick. Native people also suffer from the inter-generational trauma and scars left by war, racism, oppression, and many destructive policies aimed at assimilation.

The 2023 "Healing Circle" run/walk will occur from July 8-14, 2023. The run/walk will connect ten Ojibwe reservations in northern Wisconsin and Michigan, and Minnesota (see below map) starting at the Lac Courte Oreilles Reservation on July 8, at Lac du Flambeau on July 9, at Mole Lake and Keweenaw Bay on July 10, at Lac Vieux Desert and Bad River on July 11, at Red Cliff and Mille Lacs on July 12, at Fond du Lac on July 13, at St. Croix and returning to Lac Courte Oreilles on July 14.



For more information or if you are interested in participating as a core runner, or having a group of runners from your reservation participate, please contact Miles Falck or Jenny Krueger-Bear at (715) 682-6619 or hcr@glifwc.org. Information will also be posted on GLIFWC’s facebook page and website (<http://glifwc.org/hcr>). All participants must assume personal liability, as well as responsibility for their own transportation and expenses.